



# HEALTH HISTORY FORM

## GENERAL INFORMATION

Name \_\_\_\_\_ Gender  Male  Female  
Last First Middle

Address \_\_\_\_\_  
Street City State Zip

Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_ Age at Camp \_\_\_\_\_

Custodial Parent/Guardian \_\_\_\_\_

Address (if different from above) \_\_\_\_\_  
Street City State Zip

Phone \_\_\_\_\_ Alt. Phone \_\_\_\_\_

Second Parent/Guardian or Emergency Contact \_\_\_\_\_

Phone \_\_\_\_\_ Alt. Phone \_\_\_\_\_

If not available in an emergency, notify \_\_\_\_\_

Relationship \_\_\_\_\_ Phone \_\_\_\_\_ Alt. Phone \_\_\_\_\_

## INSURANCE INFORMATION

Is the camper covered by family medical / hospital insurance?  Yes  No

If so, please indicate carrier or plan name \_\_\_\_\_

Group or Identification # \_\_\_\_\_

Contact name for insurance questions \_\_\_\_\_

**\*\*A photocopy of the front and back of health insurance card must be attached to this form.**

## MEDICAL TREATMENT RELEASE

This health history is correct and complete as far as I am aware. The person herein named has permission to engage in all camp activities except as noted.

I hereby give permission to Camp Wakeshma staff to provide, seek, and consent to routine health care, administration of prescribed medications, and emergency treatment for my child, as may be necessary, including, but not limited to x-rays, routine tests and treatment, and/or hospitalization. I also give permission for Camp Wakeshma staff to arrange for related transportation. I agree to the release of any records necessary for treatment, referral, billing, or insurance purposes. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by camp to secure and administer treatment, including hospitalization, for the person named above. This completed form may be photo copied for trips out of camp.

Signature \_\_\_\_\_ Date \_\_\_\_\_

CAMPER NAME: \_\_\_\_\_

## HEALTH HISTORY

The following information must be filled in by the parent/guardian. The intent of this information is to give camp health care personnel the background to provide appropriate care. Keep a copy of the completed form for your records. Any changes to this form should be provided to camp health personnel upon camper's arrival at camp. Please provide complete information so that the camp staff can be aware of your child's needs.

### ALLERGY INFORMATION

Please list all allergies that you are aware of. Please include specifics regarding type of reaction and the management thereof.

**Medication Allergies:** \_\_\_\_\_

**Food Allergies:** \_\_\_\_\_

**Other Allergies:** (insect stings, hay fever, asthma, animal dander, etc.) \_\_\_\_\_

### MEDICATION INFORMATION

Please list **ALL** medications (including over-the-counter or non-prescription drugs) taken routinely. Bring enough medication to last the entire time at camp. Keep it in the original packaging/bottle that identifies the prescribing physician (if a prescription drug), the name of the medication, the dosage, and the frequency of administration.

This camper takes NO medication on a routine basis.

This camper takes the following medication as recorded below:

**Med #1:** \_\_\_\_\_ **Dosage:** \_\_\_\_\_ **Times Taken:** \_\_\_\_\_

**Reason for Taking:** \_\_\_\_\_

**Med #2:** \_\_\_\_\_ **Dosage:** \_\_\_\_\_ **Times Taken:** \_\_\_\_\_

**Reason for Taking:** \_\_\_\_\_

**Med #3:** \_\_\_\_\_ **Dosage:** \_\_\_\_\_ **Times Taken:** \_\_\_\_\_

**Reason for Taking:** \_\_\_\_\_

**Med #4:** \_\_\_\_\_ **Dosage:** \_\_\_\_\_ **Times Taken:** \_\_\_\_\_

**Reason for Taking:** \_\_\_\_\_

**\*\*Please attach additional page for more medications.**

Please identify any medications taken during the school year that the camper does/may not take during the summer: \_\_\_\_\_

## RESTRICTION INFORMATION

Please list any dietary restrictions that this camper may have: \_\_\_\_\_

Please list any activity restrictions or limitations: \_\_\_\_\_

## GENERAL QUESTIONS

HAS/DOES THE CAMPER:	YES	NO		YES	NO
1. Had any recent injury, illness or infectious disease?			15. Ever been diagnosed with a heart murmur?		
2. Have a chronic or recurring illness/condition?			16. Ever had back problems?		
3. Ever been hospitalized?			17. Ever had problems with joints?		
4. Ever had surgery?			18. Bringing an orthodontic appliance to camp?		
5. Have frequent headaches?			19. Have any skin problems (rash, acne, eczema)?		
6. Ever had a head injury?			20. Have diabetes?		
7. Ever been knocked unconscious?			21. Have asthma?		
8. Wear glasses, contacts, or protective eyewear?			22. Had mononucleosis in the past 12 months?		
9. Ever had frequent ear infections?			23. Had problems with diarrhea/constipation?		
10. Ever passed out during or after exercise?			24. Have problems with sleepwalking?		
11. Ever been dizzy during or after exercise?			25. If female, have an abnormal menstrual history?		
12. Ever had seizures?			26. Have a history of bed-wetting?		
13. Ever had chest pain during or after exercise?			27. Ever had an eating disorder?		
14. Ever had high blood pressure?			28. Ever had emotional difficulties for which professional help was sought?		

Please explain any "yes" answers, noting the number of the questions. **\*\*Attach page if needed\*\***

## PHYSICIAN INFORMATION

Name of Family Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Name of Family Dentist/Orthodontist: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

